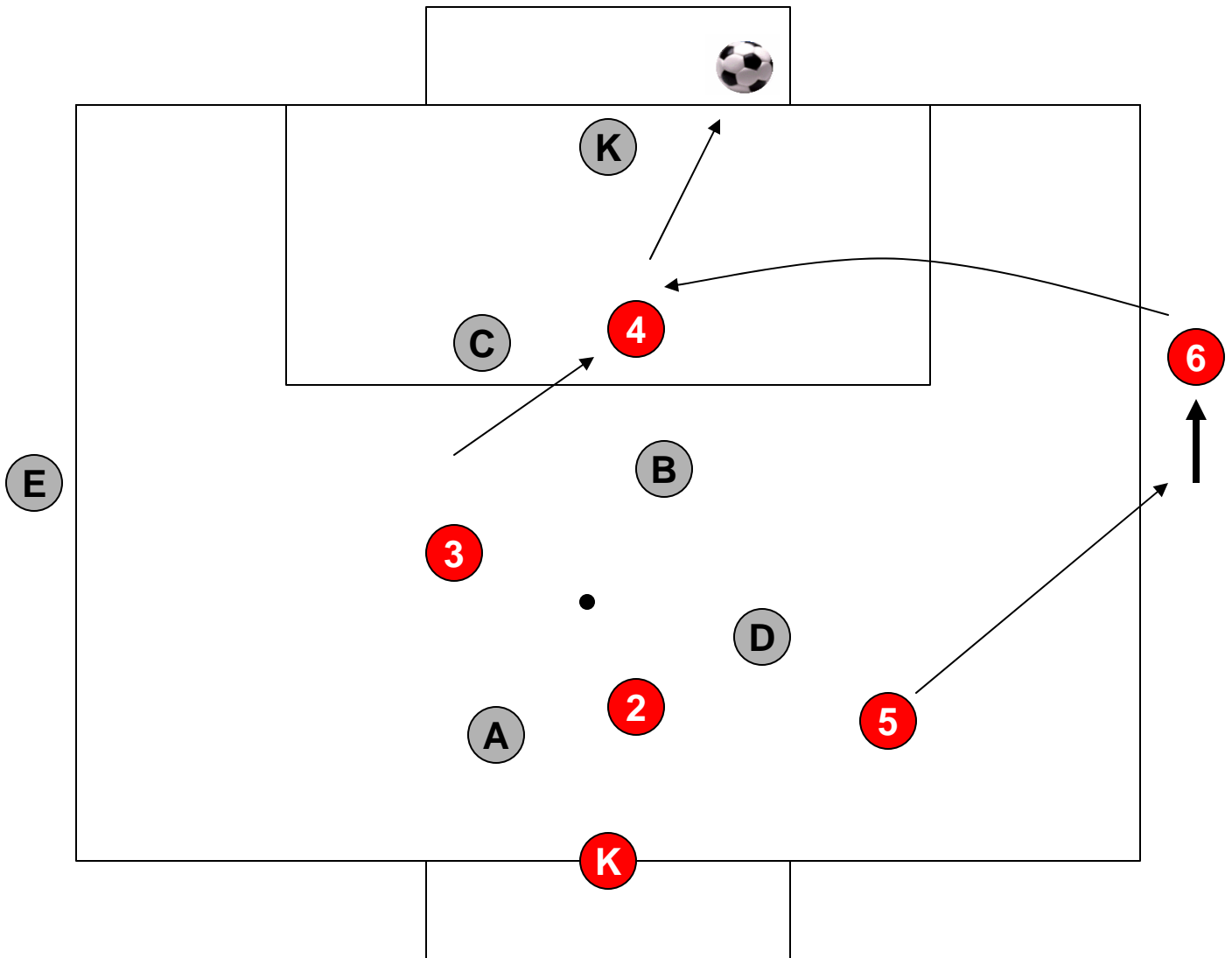


POSITIONING FROM CROSSING



1. Introduce 2 players on the outside who stay outside the playing area. No one can tackle them so they are guaranteed to get a cross in.
2. This could be a quick play session focusing on crossing and one touch finishing the emphasis being on a two touch maximum in wide areas ensuring a quick cross into the scoring area.
3. Players know they only have 2 touches when it goes wide so they work quickly to get into position, expecting the early cross.
4. This should improve quick decision making as everything is done at pace.